Perry Dental
Informed Consent for Gingival (Gum) Graft

Patient’s Name:_________________________________________ Date:_________________

DIAGNOSIS:____________________________ TREATMENT AREA:_____________________

Facts for Consideration:

I have been informed that I have mucogingival (gums) problem around some of my teeth. This may mean I have insufficient attached gum tissue or a muscle attachment that could potentially cause the premature loss of teeth. I understand that where there is insufficient attached gingiva (gum), bacteria and good can become lodged under the gumline and this may result in further recession of the gum or localized infection (gum abscess). I also understand that where there are fillings at the gumline or crowns with edges under the gumline, it is important to have sufficient width of attached gingiva (gum) so that the edges of the fillings or crowns or the material from which they are made do not cause significant irritation to the gum. I have been advised and understand that gingival graft surgery can help this problem.

It has been explained to me that this is a surgical procedure involving the removal of a thin strip of gum from somewhere in my mouth (usually the hard palate) or from commercial human or animal sources, and transplanting near the area of gum recession. There, it can be placed at the base of the remaining gum or it can be placed to or partially cover the tooth root surface exposed by the recession. If the latter is attempted, I understand that the gum placed over the root may shrink back during healing and that the attempt to cover the exposed root surface may not be completely successful.

After anesthetics by injection numbed the area to be operated, the gums are reflected (incised) to expose the teeth, the roots of the teeth are then cleaned and smoothed, antibiotics and/or other chemicals may be applied to the roots to decontaminate them before the graft material is placed in the area(s).

Benefits of Gingival Graft, Not Limited to the Following:

Gingival grafting may help in restoring an amount of attached gum tissue adequate to reduce the likelihood of further gum recession. This procedure can also cover exposed root surfaces, enhancing the appearance of the teeth and gumline, and treating and minimizing root sensitivity or decay.

Risks of Gingival Graft, Not Limited to the Following:

I understand that with surgery there may be post-operative bleeding, swelling, pain, infection, facial discoloration, temporary or, on occasion, permanent tooth sensitivity to hot, cold, sweets, or acidic foods. A temporary or permanent numbing of the surgical areas, including the gums, lips and chin, may occur.
I understand that a small number of patients do not respond successfully to gingival grafting. If a transplant is placed to partially cover the tooth root surface exposed by recession, the gum placed over the root may shrink back during the healing. In such a case, the attempt to cover the exposed root surface may not be completely successful resulting or increased spacing between the teeth. The graft may appear different in color and thickness from the adjacent soft tissue.

I understand that I will receive a local anesthetic and/or other medication(s). In rare instances, patients can have a strong and unpredictable reaction to the anesthetic, which may require emergency medical attention. The medication may affect my ability to control swallowing. This increases the change of swallowing foreign objects during treatment. Depending on the anesthesia and medications administered, I may need a designated driver to take me home. Rarely, temporary or permanent nerve injury resulting in loss of feeling of the chin, lips, gums, tongue, and partial loss of taste can result from an injection.

I understand that holding my mouth open during treatment may temporarily leave my jaw feeling stiff and sore and may make it difficult for me to open wide for several days. This can occasionally be an indication of a further problem. I must notify this office if this or other jaw function concerns arise.

I understand that all medications have the potential for accompanying risks, side effects, and drug interactions. Therefore, it is critical that I tell my dentist of all medications, and supplements that I am currently taking, which are:____________________________________
____________________________________________________________________________
____________________________________________________________________________

I understand that smoking and/or chewing tobacco and/or alcohol intake may affect gum healing and may limit or prevent the successful outcome of my surgery. I agree to follow instructions related to my own daily care of my mouth.

**Alternatives to Suggested Treatment:**

I understand that alternatives to gingival grafting may include: 1) No treatment, with the expectation of chronic inflammation resulting in the advancement of recession which is commonly associated with increased sensitivity of the teeth to temperatures extremes and other irritants, increased risk of decay in root surfaces exposed by the recession and possibly the premature loss of teeth. 2) Attempts to insulate teeth to control sensitivity by placing fillings in or on root surfaces with the expectations of further recession as a result of this procedure. 3) Non-surgical scraping of tooth roots and lining of the gum (root planing and curettage), with the exception that this will result in only a partial and temporary reduction of inflammation and infection, will not stop recession and will require more frequent professional care, and may result in the worsening of my condition and the premature loss of teeth. 4) Extraction of the teeth involved with recession and a lack of attacked gum tissue (which may need replacement with bridges, crowns, or dental implants).

**Alternatives Discussed:**_______________________________________________________
________________________________________________________________________________
No guarantee or assurance has been given to my by anyone that the proposed treatment will cure or improve the conditions(s) listed above. I have read and understand the above and have had all my questions answered to my satisfaction and I give my consent to proceed with the recommended gingival graft.

_________________________________________  _______________________
Patient/Guardian                              Date

_________________________________________  _______________________
Witness                                      Date